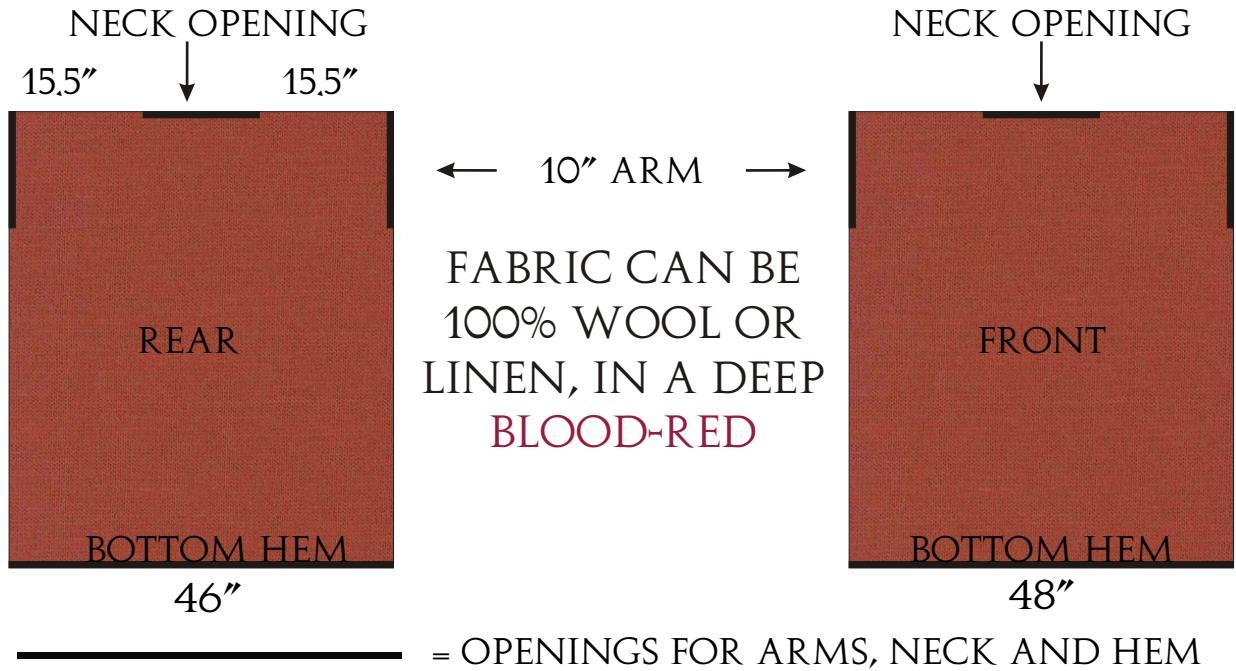


# INSTRUCTION SHEET FOR CREATION OF A ROMAN LEGIONARY TUNICA

Many thanks to Matthew Amt and Legio XX for much of the information on this page.



## I N S T R U C T I O N S

- Cut ends of linen must be zig-zagged, hemmed, or whip-stitched **FIRST** prior to pre-wash.
- Prewash fabric.
- Iron well.
- Measure and cut the pieces for your tunic.
- Machine zig-zag or machine hem the edges prior to assembly.
- Place the front and back panels together inside out, machine sew the sides and top, then turn rightside out.
- Turn hem edges under twice (very narrow, 1/4" to 3/8"), then iron these folds down.
- Stitch hems by hand (hem, sleeves, collar).

Start with two rectangles of cloth. One is 46" wide, the other is 48" wide, both are approx 45" long. The two inch difference in width is to allow a collar "drape" in the front – the piece with the longer width forms the "front" of the tunic. The length is approximate, designed to allow for the tunic hem to fall to mid-calf when worn without a belt. This thing is designed to fit you like a tent – do not tailor it to be narrower than the above or shorter than mid-calf (without a belt). Shoulder seams are stitched first (as in basic steps at left). If sewn on the selvedge then there is no need to zig-zag stitch or otherwise finish this edge of the garment. The hem of the neck opening should be hand-stitched. Sew side seams, leaving openings for arms, as above diagram. The edges of the armholes should be finished and hand-stitched. Hand-hem the garment base.

SOTW is probably the best supplier of off-the-shelf tunics, but making them is more authentic and the colors are generally better. The big danger with an off-the-shelf tunic is that the color will be too bright or off in some other way. If you **DO** order off-the-shelf, then you need to hand-stitch any exposed seams.